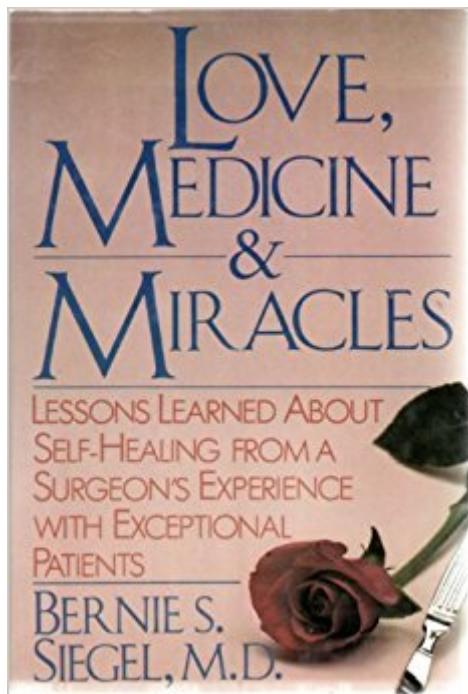


The book was found

# Love, Medicine, And Miracles



## **Synopsis**

'We do have biological LIVE and DIE mechanisms within us. . . the state of mind changes the state of the body by working through the central nervous system, the endocrine system and the immune system. Exceptional patients manifest the will to live in its most potent form . . .' writes Dr Bernie Siegel. Drawing on his clinical experience Dr Seigel shows how, by reaching out to others, we can alleviate stress and release the body's healing mechanism. In this extraordinary book he shows that when apparently terminally ill patients take control of their illness they can change, enrich and often prolong their lives far beyond scientific and medical expectation. Through the healing power of love patients who have come under his care have learned that hope and joy can work miracles. --This text refers to an out of print or unavailable edition of this title.

## **Book Information**

Hardcover: 244 pages

Publisher: Harpercollins; 1st edition (May 1986)

Language: English

ISBN-10: 0060154969

ISBN-13: 978-0060154967

Package Dimensions: 9.2 x 6.1 x 1 inches

Shipping Weight: 1.3 pounds

Average Customer Review: 4.6 out of 5 stars 322 customer reviews

Best Sellers Rank: #1,159,278 in Books (See Top 100 in Books) #49 in Books > Health, Fitness & Dieting > Psychology & Counseling > Medicine & Psychology #3180 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing #79756 in Books > Medical Books

## **Customer Reviews**

Siegel, a New Haven surgeon, believes that the power of healing stems from the human mind and will, that his scalpel only buys time against cancer, and that self-love and determination are more important than choice of therapy. His philosophy has caused radical changes in his practice. Siegel recounts many arresting anecdotes: joyous stories of patients who survived against all odds, sad chronicles of those who seemingly gave up and assented to their own deaths. The author's credentials make this one of the more plausible books on the mind-body connection. For most public libraries and holistic health collections. Judith Eannarino, George Washington Univ. Lib., Washington, D.C. Copyright 1986 Reed Business Information, Inc.

"Run, don't walk, to the nearest bookstore and get this amazing book that explains how you can 'think' yourself sick or well...Every family should have a copy. It can be a lifesaver." -- Ann Landers  
--This text refers to an out of print or unavailable edition of this title.

Any book on any medical subject, written by Bernie Siegal, would be a positive addition to my reading list. Being in the medical field, I knew much of his views on this subject; in fact, I had a personal lesson in Meditation by Benson who has done amazing work in this field. What makes this book particularly appealing is the articulate way in which Dr. Siegal presents his hypothesis...it is very easy reading. I know of many cases of spontaneous reversals in cancer patients; clearly, a positive attitude helps in the treatment of many diseases. Its hard to know for sure if it is the cause or effect of these reversals. I would like to see more scientific evaluations of this notion. But, for anyone dealing with this monstrous disease, I would strongly recommend reading this. It is loaded with good information, and at the very least it is a good idea to have a positive attitude about life since none of us knows exactly when it will end.

Confronting his own powerlessness, this surgeon explores the mystery of health vs illness by interviewing countless survivors of life-threatening diseases. This uplifting collection of anecdotes leads him to the discovery of similarities and differences in the remarkable journeys back to health that have confounded science. What he found was that as patients heal their lives, it sometimes heals their bodies, but it always enriches their experience of living.

I first read this book in late 1987 or so. It was memorable and stuck with me through the years. Last year a family member was diagnosed with a fast-progressing and fatal illness. I got the inspiration to re-read Bernie myself, and then sent the book to my sick family member and a few people in his immediate family. Irrespective of your personal religious or spiritual beliefs (or the lack thereof), this book will help you and any loved one through any medical crisis you are facing. Bernie's insights as a doctor, particularly with respect to the process of how a body dies, and how the individual may react to the process of dying, are invaluable, Bernie is both brilliant and compassionate. His writing is gentle and sometimes even humorous, but it is always impactful.

I discovered this book in the late 1980s after my Dad's death from colon cancer. What I love about Bernie Siegal is that he does not recommend a particular cancer treatment. He writes about a way to view oneself. In the days when he began to change the way he saw his patients, passivity was

the norm for those with life threatening illness. One was encouraged to merely do as the doctor said, not ask questions, and die quietly. I have now been a healthcare worker for well over 30 years, and I am seeing a resurgence of this attitude among institutions. Today's idea is to see the "patient" as a "customer" and to sell fear, (as I see it). We've turned back to encouraging passivity. The lifesaving measures for you or your loved one may be inside the walls of a healthcare facility, or maybe not. ASK QUESTIONS! On the other hand, that alternative practitioner could be preying upon the uninformed. ASK QUESTIONS. What I see as important about what Bernie is saying is that you must find out how you "see it", rather than buying whatever we (mainstream or alternative) have to sell you. The best way to survive the medical maze is to participate in your recovery, in your very life. Your specific answers are not here, but ways to seek them are indeed inside this volume. Bernie's writing is enlightening and positive, though not in a simplistic "put on a smile" way. I believe this is a must read for those living with cancer and for their families. A supposedly scientific study stated that positivity does not statistically improve survival rates. Who gives a damn? I, personally, would rather have a short, happy life than a long, miserable one. When I come near death, joy is what I want for myself and for my family.

This is one of the most important books that I have ever read. I am an RN and have worked in the operating room for many years. This book is written by a surgeon and it is a life-changing message. I highly recommend it to healthcare people and to people who have life-threatening illnesses. It is a wonderfully kind book that encourages freedom and gives hope.

Having spent time with dying friends, I found this to be an encouraging, cheerful book. I appreciated the positive emphasis on attitude, and also the information about saying goodbye to a dying person, giving that person permission to leave. Also, I appreciated how much the author revealed of his own feelings about death and dying.

I first read this book in 1995 when I was diagnosed with prostate cancer. Bernie (his book invites you to address him as such) provides a great deal of guidance and comfort in how to deal with such a diagnosis and what follows. Reading this book made me feel much more comfortable with having cancer and more proactive in how I dealt with my medical providers. I was able to feel somewhat in control, despite the diagnosis. I would recommend it as a read or a gift for anyone diagnosed with cancer.

I don't even have cancer, and I found this book tremendously helpful. It was the first book I read that even acknowledged an emotional component to disease, as well as recovery- not that we cause our own disease, but that our health is affected by our emotional well-being. That means we can positively influence how we feel by how we build our lives and the choices we make. We don't have to wait around for the doctor to do something to us before we can feel better. All by itself, the paragraph describing what a survivor personality looks like, and letting us know that you can \*become\* a survivor, even if it's not in your core personality, is worth the read alone.

Empowering. I've bought at least a half dozen copies since discovering this book in 1994.

[Download to continue reading...](#)

Chicken Soup for the Soul: A Book of Miracles - 34 True Stories of Angels Among Us, Everyday Miracles, and Divine Appointment Secrets The Secret Never Told You; Law of Attraction for Instant Manifestation Miracles: 5 Secrets Never Told on How to Use the Law of Attraction (Law of ... Instant Manifestation Miracles Book Book 2) I Believe In Miracles: The Miracles Set Love, Medicine and Miracles: Lessons Learned about Self-Healing from a Surgeon's Experience with Exceptional Patients Love, Medicine, and Miracles Aloha: Love, Suite Love/Fixed by Love/Game of Love/It All Adds Up to Love (Inspirational Romance Collection) Baby ER: The Heroic Doctors and Nurses Who Perform Medicine's Tinies Miracles Routine Miracles: Personal Journeys of Patients and Doctors Discovering the Powers of Modern Medicine Alternative Medicine: Homeopathic Medicine, Herbal Medicine and Essential Oils for Total Health and Wellness Essential Oils for Dogs: 100 Easy and Safe Essential Oil Recipes to Solve your Dog's Health Problems (Alternative animal medicine, Small mammal Medicine, Aromatherapy, Holistic medicine) How the Art of Medicine Makes the Science More Effective: Becoming the Medicine We Practice (How the Art of Medicine Makes Effective Physicians) A Series of Catastrophes and Miracles: A True Story of Love, Science, and Cancer Communication Miracles for Couples: Easy and Effective Tools to Create More Love and Less Conflict Chicken Soup for the Soul: A Book of Miracles - 32 True Stories of Signs from Above, the Healing Power of Prayer, and Love from Beyond Spirit Junkie: A Radical Road to Self-Love and Miracles A Return to Love: Reflections on the Principles of "A Course in Miracles" Return to Love: Reflections on the Principles of a Course in Miracles A Course in Miracles Made Easy: Mastering the Journey from Fear to Love 222 Love Techniques to Make Any Man Fall in Love With You & Get Your Ex Back. Learn The Rules and Secret Laws of Enchantment: 222 Love Techniques to Get Your Ex Back and Make Him Miss You Self Love: Changing Your Life Through Self-Love and Mindfulness (2 Books In 1), Learn How To Love Yourself More, Calm Your Mind, Reduce Your Stress and Live a Happier Life!

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)